



NO MORE MARTYRS

*Redefining Strength. Embracing Wellness. Building Community.*

## **2016 Minority Mental Health Awareness Summit**

*~ When Women Speak ~*



Lanada Williams, MA, NCC, LPC

Lanada Williams is the host and creator of “The Lanada Williams Show.” Using her experience as an innovative National Certified Counselor, Licensed Psychotherapist, entrepreneur, world traveler and author, Lanada engages audiences on topics related to diverse experiences with mental health concerns with the goal of dismantling stigma.