



NO MORE MARTYRS

*Redefining Strength. Embracing Wellness. Building Community.*

## **2016 Minority Mental Health Awareness Summit**

*~ When Women Speak ~*



Jessica Lynn Gimeno

Jessica Lynn Gimeno is a writer and advocate living with bipolar II, polycystic ovarian syndrome, asthma, psoriasis, and the neuromuscular autoimmune disease Myasthenia Gravis (MG). Through her blog, *Fashionably ill: The Sick Woman's Stylist*, Jessica helps people survive chronic illness with tips on style, mental health, and advice for loved ones. In 2015, *Fashionably ill* won a Liebster Award. Psych Central named her a 2014 Mental Health Hero. In addition to *Fashionably ill*, Jessica writes for *The Huffington Post* and *Ask a Bipolar*. Her article titled "Three Words Everyone with Mental Illness Should Know," was published on the White House's mental health website. She recently gave a TEDx talk at the National Museum of Mexican Art. MSNBC featured Jessica in a mini-documentary focused on her life and mental health.