



NO MORE MARTYRS

*Redefining Strength. Embracing Wellness. Building Community.*

## **2016 Minority Mental Health Awareness Summit**

*~ When Women Speak ~*



Jessica Dere, PhD

Dr. Jessica Dere is an Assistant Professor in the Department of Psychology at the University of Toronto Scarborough (UTSC), Practicum Coordinator in the UTSC Graduate Department of Psychological Clinical Science and a licensed clinical psychologist with the College of Psychologists of Ontario. She completed a B.A. in Psychology and M.Sc. in Cultural Psychiatry at McGill University as well as a PhD in Clinical Psychology from Concordia University. Her current research is driven by her fascination with the interplay between cultural factors and all aspects of mental health and illness. She is particularly interested in the cultural variations in beliefs about mental illness and the implications for such beliefs in the experience of mental illness and patterns of help seeking.