



NO MORE MARTYRS

*Redefining Strength. Embracing Wellness. Building Community.*

## 2016 Minority Mental Health Awareness Summit

*~ When Women Speak ~*



### Dior Vargas

Dior Vargas is a Latina Feminist Mental Health Activist. She is the creator of the People of Color and Mental Illness Photo Project, a response to the invisibility of people of color in the media representation of mental illness. She is a volunteer crisis counselor for CrisisTextLine and a co-facilitator for NAMI NYC Metro's Young Adult Support Group. Dior is the recipient of numerous awards including The White House Champion of Change for Disability Advocacy Across Generations.